

Awaken your Spiritual Channels



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Course Description: This 12 week Course is offered in Group format. Each session will be 90 minutes and will include wisdom teachings; hands on practice and personal guidance for each attendee. There are 4 sessions per month for 3 months. Each student is expected to apply the suggested practices every day.

Each student's progress will be measured and checked by guidance. Those who do not practice cannot expect to see the greatest potential of this course. It is each student's responsibility to ask for support as needed. Private consultations and Special Tao Blessings Services are both recommended and available.

Requisites: (may be acquired during 1st week of the course)

- [Power of Soul Book](#) (author Master Zhi Gang Sha)
- [Tao Song Tao Dance Book](#) (author Master Zhi Gang Sha)
- [Soul Healing Miracles Book](#) (author Master Zhi Gang Sha)
- [Love Peace Harmony](#) Soul Song Download

Suggested practice time per day (2 hours total)

Week 1. What is the Soul?

- Characteristics of the Soul
- Purpose of the Soul
- Soul Communication
- Practices for Soul Communication

Week 2. Karma and the Power of Forgiveness

- What is karma?
- Offering Forgiveness to others
- Asking Forgiveness from others
- Self Forgiveness
- Practices

Week 3. The Message Center (The Heart Chakra)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (emotions, health, finances etc...)
- Practices for purifying the heart

Week 4. The Lower Dan Tien

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (health, energy etc...)
- Practices for Boosting, and Energizing this center.

Week 5. The Kundalini (snow mountain area)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (health, energy etc...)
- Practices for Boosting, and Energizing this center.

Week 6. Soul Language

- What is Soul Language?
- Power and Significance of opening your Soul Language
- Opening and revealing your Soul language
- Offering blessing with Your Soul Language
- Practices

Week 7. Root Chakra (1st Chakra)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (health, energy etc...)
- Practices for Boosting, and Energizing this center.

Week 8. 3rd Soul House (3rd Chakra)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (health, organs, systems etc...)
- Practices for Boosting, and energizing this center.

Week 9. 5th Soul House (5th Chakra)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (health, energy etc...)
- Practices for clearing blockages, and Energizing this center.

Week 10. Third Eye (6th Chakra)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (spiritual health, energy etc...)
- Practices for Opening, Developing, and Energizing this center.

Week 11. Crown Chakra (7th Soul House)

- Power and Significance
- Attributes of this energy center
- Positive and negative impacts (health, energy etc...)
- Practices for enlightening, developing & Energizing this center.

Week 12. Wai Jiao and the Energy and Matter Circle

- What is the Wai Jiao?
- What is the Energy and Matter circle?
- Power and Significance
- Positive and negative impacts (health, energy etc...)
- Practices for releasing blockages in the Wai Jiao
- Practices for releasing blockages for the energy and matter circle

Additional Suggestions

Master Paul's [Website](#)

Master Paul's [Audio Blog](#)

Master Paul's [FaceBook page](#)

<http://tv.drsha.com/nav.action?home>= 24/7 chanting channel

VOD.drsha.com Master Sha's Self-Healing Videos on Demand

[Bio](#) About Master Paul